

# Lunch Menu

## JUNE 2022

### TUESDAY

Braised Pork Chop **7**  
w/ Gravy  
Spinach Lentil Soup  
Mashed Sweet  
Potatoes  
12 Grain Bread  
Cookie & Fresh Apple

Mild Chili over **14**  
Baked tato with  
Cheese  
Broccoli  
Fresh Orange

**21**  
Fish Filet w/ Tartar  
sauce on bun  
Mixed Vegetables  
Fruit Cocktail

Pork Riblet **28**  
Steamed Potatoes  
Tossed Salad  
French Dressing  
Fudge Brownie  
Fresh Kiwi

### THURSDAY

Seafood Salad **9**  
Apple Juice  
California Blend  
Vegetables  
Croissant  
Apricots

**16**  
Happy Father's Day  
Steak Diane  
Baked Potatoe  
Malibu Blend  
Vegetables  
Chocolate Pie

Pulled Pork on a **23**  
bun  
Cole Slaw  
Broccoli  
Pears

**30**  
Happy 4th of July  
Pork Sausage on a  
sausage roll  
Broccoli Pasta Salad  
Peppers & Onions  
Fresh Melon

Gates Recreation & Parks is providing lunches for the members of our community that are 60 years of age or older. **Lunch is served at 11:30am.** Lunch must be preordered 10 days ahead of time by calling 429-8289 or by signing up in the annex or Recreation & Parks office. If you are not pre-registered, lunch will be available on a first come, first serve basis. The suggested donation for lunch is \$3.50.

